



**For Active
Adults 50 +**

309 West Sealy
Alvin, TX 77511
281-388-4298
www.alvin-tx.gov

Office Hours:
Monday - Friday
7:30 am - 4:30 pm

REGISTER ONLINE
at
[www.booking.ca/
bkalvinrecreationpub](http://www.booking.ca/bkalvinrecreationpub)

Holiday Closures:

November 24 Closed
November 25 Closed
Happy Thanksgiving
November 26 Closed

December 23 Closed
December 24 Closed
Merry Christmas

December 31 Closed
Happy New Year



Alvin Senior Center



NOVEMBER & DECEMBER 2021



What a wonderful year! It has brought us so much pleasure to see everyone back this year filling the center with love and laughter again! We feel truly blessed to serve each and everyone of you and thank you for being a part of the Senior Center family. We hope as you look through the holiday newsletter you will find all the things you wish to do to fill your season with fun, laughter, and the sights and sounds of the Christmas season!

Warmest Regards,
Marla, Rene & Ron





Code of Conduct Policy

Purpose

The Alvin Senior Center provides a safe, friendly, and welcoming environment for seniors to participate in activities, enjoy fellowship and engage in lifelong learning opportunities. For the safety and benefit of all participants, the following Code of Conduct Policy shall be observed.

Policy

Participants in Alvin Senior Center Activities shall:

Treat other participants and staff respectfully and courteously.
Treat others in the same manner you would like to be treated.

Behavior that constitutes violation of this Policy includes, but is not limited to:

Loud, disruptive, obscene, hateful, or abusive language.
Making threats or demonstrating threatening behavior, verbally or in writing, to participants or staff.
Violation of smoking ordinances.
Defacing or destroying any city property.
Activities that negatively affect the health of others.
Racial, religious, or sexual harassment of participants or staff.
Physical altercations with participants or staff.
Removal of city property without permission.
Participating in activities while under the adverse influence of alcohol or drugs.
Committing or attempting to commit any activity that would constitute a violation of any federal, state, or local criminal statute or ordinance.
Other behavior that is deemed inappropriate by the Senior Center Manager or their designee.

Consequences of Policy Violation

Violation (s) of this policy may result in the suspension of participant (s) from Senior Center activities.

The Senior Center Manager is responsible for ensuring that this policy is maintained. Any questions or comments concerning this policy should contact the Director of Parks and Recreation.

Also, please note: The Alvin Senior Center programs are for senior citizens who are independent and can care for their own personal needs. Seniors are welcome to bring an attendant or care giver with them in order to enjoy our services and programs.









COVID-19 Procedures


The following guidelines remain in effect for the health and safety of all guests:

- **Preregistration is required prior to attending all programs.** If a caregiver is needed to aide in program participation, the caregiver will need to register as well to maintain occupancy limits.
- **Up to fifteen (15) guests will be allowed in Craft, Board and Exercise Rooms** at any one time to allow for social distancing.
- **Up to thirty (30) guests will be allowed in East End & West End Assembly Rooms** at any one time to allow for social distancing compliance.
- **Masks are strongly encouraged upon entry and exit** unless medically prohibited. Masks may be removed once you are seated or exercising and properly socially distanced. Please remember it is strongly encouraged to wear your mask if you need to move around the room and/or use the restroom facilities.
- **Hand sanitizing is required upon entry unless medically prohibited.** If medically prohibited, please go directly to the restroom upon entry and wash hands prior to joining your program.
- **Food and/or drink sharing is prohibited unless otherwise noted in program description.** It is recommended all guests bring a bottle of water.
- Restrooms are open to one guest at a time unless a caregiver is needed.
- All program participants will be allowed to enter their program no more than five (5) minutes prior to start time.
- Remember to maintain socially distanced while at the center.


Thank you for your cooperation and understanding.

CARDS & GAMES	EXERCISE & WELLNESS
<p><u>DONUTS & DOMINO'S - 42 & 81</u> Enjoy a fresh donut, coffee and 42 & 81 dominos!</p> <p>WHEN: Wednesdays TIME: 8:30 AM - 12 PM, Board Rm COST: FREE</p> 	<p><u>THE JOY WALKERS WALKING CLUB</u> Join Kathy in walking your way to a healthier lifestyle! They are having fun walking miles with smiles!</p> <p>WHEN: Monday - Friday TIME: 7:30 - 9:30 AM COST: FREE</p> 
<p><u>42 & 81 DOMINO'S</u> Join us for 42 & 81 domino's. Friendly folks & lots of fun!</p> <p>WHEN: Mondays & Fridays TIME: 11 AM - 4:30 PM, Board Rm COST: FREE</p>	<p><u>BEGINNING TAI CHI</u> Join Kathy, for a beginners introduction to a Chinese-based form of martial arts exercise. Slow, controlled movements. & low impact.</p> <p>WHEN: Monday, Wednesday & Friday TIME: 8:30 AM - 9:30 AM COST: FREE</p>
<p><u>TRAIN DOMINO'S</u> Have a blast playing domino train! Beginners welcome!</p> <p>WHEN: 2nd & 4th Friday of ea. Month TIME: 1 - 5 PM , Craft Rm COST: FREE</p>	<p><u>AFTERNOON TAI CHI</u> Join Nolan, for a Chinese-based form of martial arts. Slow, controlled movements. & low impact.</p> <p>WHEN: Mondays & Wednesdays TIME: 11:00 AM - 1:00 PM COST: FREE</p>
<p><u>MAH-JONG</u> Do you know how to "Mah-jong"? Come see what all the excitement is about and learn this fun and challenging game.</p> <p>WHEN: Wednesdays TIME: 1 - 4:30 PM, Board Rm COST: FREE</p>	<p><u>SENIOR FITNESS</u> Get moving to this low-impact exercise class. So much fun you won't know it's good for you!</p> <p>DATE: Monday, Wednesday & Friday TIME: 9 :30 - 10 :30 AM COST: FREE</p> 
<p><u>TRIPLE PLAY CANASTA</u> Please arrive on time as games start promptly. Thank you!</p> <p>WHEN: Mondays TIME: 4:30PM - 9:00PM COST: FREE</p> 	<p><u>BODY RECALL</u> Fun and Fitness! Join Betty in this high energy exercise class that helps your with mobility & flexibility.</p> <p>WHEN: Monday, Wednesday & Friday TIME: 1 - 2 PM COST: FREE</p>
<p><u>CANASTA CUTIES</u> Please arrive on time as games start promptly. Thank you!</p> <p>WHEN: Tuesdays TIME: 12:30 - 4:30 PM, Craft Rm COST: FREE</p>	<p><u>T.O.P.S</u> Join Patsy Fleck & her group to learn how to "Take Off Pounds Sensibly". Stay fit & healthy the right way.</p> <p>WHEN: Tuesdays TIME: 6:00 - 7:15 PM COST: \$32.00 Annually Please pay coordinator directly</p>

CRAFTS & HOBBIES	CRAFTS & HOBBIES
<p><u>CROCHETING</u> Join Grace in the craft room for Crochet Class! Whether you are a beginner or just want to join a great group to crochet with, this is the crochet group for you!</p> <p>WHEN: Thursdays TIME: 1 - 3 PM, Craft Room COST: Your Materials Per Instructor</p> <p><u>QUILTING CLASS</u> Join Sue Driskill every Monday for quilting class. An expert quilter that can teach beginning to expert! All levels welcome!</p> <p>WHEN: Mondays TIME: 6 - 8 PM, East End COST: Your Materials Per Instructor</p>  <p><u>QUILTING BEE</u> Join Sue and the quilting gang for Friday night quilting fun!</p> <p>WHEN: Every Friday TIME: 5 - 9:30 PM, East End COST: Your Materials, See Instructor</p> <p><u>OIL PAINTING & WATERCOLOR</u> Join Beverly Kimbrough in painting class. She will guide you straight into your next masterpiece! All skill levels are welcome!</p> <p>WHEN: Wednesdays TIME: 1 - 3 PM, Craft Room COST: Your Materials, See Instructor</p> <p><u>THE RAT PACK BOOK CLUB</u> WHEN: 2nd Wednesday of each Month TIME: 10 AM - 12 PM, Craft Room COST: Your Book NOV BOOK: The Lost City of the Monkey God, Douglas Preston AUTHOR: Alvin's very own, Fern Burgett DEC BOOK: Will be announced at November's meeting. AUTHOR: TBA</p>	<p><u>BEGINNING GENEAOLOGY</u> Learn the research tips, tricks and the basics on where to begin your Genealogy journey.</p> <p>WHEN: 1st & 3rd Monday of Every Month TIME: 10:00 - 11:30 AM, Craft Rm COST: Free Instruction</p> <p><u>LEARN TO PLAY A RECORDER</u> Join Pat & Sharon as they teach you the fundamentals of playing this socially fun and entertaining musical instrument.</p> <p>WHEN: Tuesdays TIME: 10:30AM - 11:30AM, Craft Rm COST: Free</p> <p><u>JAM SESSION NIGHT</u> If you play a musical instrument, sing or simply enjoy listening to a good, raw musical sound, join us as we jam out to our musical favorites! We play bluegrass, country & gospel! There is sure to be something you'll like!</p> <p>WHEN: Tuesdays & Wednesdays TIME: 5:30 - 8:30 PM, West End COST: Free</p> <p><u>BLACK HAT KARAOKE</u> Do you like to sing and have fun? We are having a great time on Thursday nights! All we need is you!</p> <p>WHEN: Thursdays , West End TIME: 5:00 - 9:00 PM COST: Free</p> 

November Trips & Events Pre-Registration Required	
 <p><u>NATIONAL HOMEMADE BREAD DAY</u> Join us for a seasonal delight of homemade chocolate chip pumpkin bread. Date: Wednesday, November 17 Time: 11:30 AM Cost: Free Location: Senior Center / West Side</p> <p><u>EGGCELLENCE</u> Join us for brunch and choose from many mouth-watering options such as Huevos Rancheros, Creole Shrimp & Grits, Eggs Benedict and Stuffed Brioche French Toast! Average Meal \$12.00 Date: Tuesday, November 9 Leaving the Center at 10:30 AM Cost: No Fuel Fee, Brunch on Your Own Location: Baybrook</p> <p><u>VETERAN'S BREAKFAST</u> In appreciation of your service, Veterans, you are invited to an honorary breakfast just for you. Please allow us the privilege to thank you, the brave men & women that served the best country in the world! The USA! Sign up requested by Tues, Nov 9th please. Date: Thursday, November 11 Time: 9:00 AM COST: Free Location: Senior Center, West End</p>	<p><u>BREAKFAST & BINGO</u> Enjoy a fresh breakfast and some fun and friendly BINGO with friends. Date: Thursday, November 18 Time: 9:00 AM Breakfast Served 9:30 AM - 10:30 AM Bingo Cost: \$3.00 Location: Senior Center / West Side</p> <p><u>BURGERS & BINGO</u> We've been having so much fun at breakfast, we're bringing a round two with burgers. Join us for lunch, fun and of course, BINGO! Date: Wednesday, November 3 Time: 11:00 AM Burgers Served 11:30 AM - 12:30 PM Bingo Cost: \$4.00 Location: Senior Center / West Side</p> <p><u>LEARNING LUNCH</u> TOPIC: MEDICARE OPTIONS Are you new to Medicare or have questions on what options are right for you? Join us for a Medicare informational where you can get your answers. Date: Wednesday, November 10 Time: 10:00 AM - 11:00 AM Location: Senior Center/West Side</p> <p><u>RUNWAY CAFÉ</u> A one-of-a-kind seafood spot off the runway of TX Gulf Coast Regional Airport. Enjoy a delicious meal with your friends and watch planes land and take-off! Exciting! Average Meal \$15.99 Date: Wednesday, November 17 Leaving at Center at 10:45 AM Cost: No Fuel Fee, Lunch on Your Own Location: Angleton</p>

The deadline to register for events where a meal is served is 2 days prior to event for proper headcount. No exceptions will be made. Thank you for your understanding.

<div>December Trips & Events</div> <div>Pre-Registration Required</div>	
<div><div><u>NATIONAL CHOCOLATE CANDY DAY</u></div><div>Join us for a decadent piece of chocolate as we celebrate this yummy holiday!</div><div>Date: Tuesday, December, 28</div><div>Time: 12:00 PM</div><div>Cost: Free</div><div>Location: Senior Center / Lounge Area</div></div> <div><div><u>BJ'S RESTAURANT & BREWHOUSE</u></div><div>Hand crafted pizzas, comfort food with a large variety of options and an enlightened menu for the calorie-minded folks. BJ's has it all!</div><div>Average Meal \$16.99</div><div>Date: Thursday, December 2</div><div>Leaving the Center at 10:30 AM</div><div>Cost: No Fuel Fee, Lunch on Your Own</div><div>Location: Pearland</div></div> <div><div><u>5th ANNUAL CHILI COOK-OFF & UGLY CHRISTMAS SWEATER CONTEST</u></div><div>Whether your specialty is white bean, no bean, cheesy chicken or a good ol' fashioned classic, we know there isn't a better way to warm up a winter's day than with a hot bowl of chili! Putting a holiday spin on the occasion, wear your cutest ugly Christmas sweater & join the contest! Prizes will be awarded to chili & sweater winners! Enter one contest, or both, you are sure to have a festively fun time!</div><div>Date: Tuesday, December 7</div><div>Time: Judging Will Be at 12:00PM</div><div>Cost: \$2.00 to be a Tasting Spectator</div><div>(Cost will get you one bowl of chili with your choice of fixin's, a bag of Fritos & a glass of tea)</div><div>Contest Entry: Free</div><div>(You Must Furnish Your Own Supplies)</div><div>Location: Senior Center, West Side</div></div> <div></div>	<div><div><u>BREAKFAST & BINGO</u></div><div>Enjoy a fresh breakfast and some fun and friendly bingo with friends.</div><div>Date: Wednesday, December 1</div><div>Time: 9:00 AM Breakfast Served</div><div>9:30 AM - 10:30 AM Bingo</div><div>Cost: \$3.00</div></div> <div><div><u>BURGERS & BINGO</u></div><div>We've been having so much fun at breakfast, we're bringing a round two with burgers. Join us for lunch, fun and of course, BINGO!</div><div>Date: Wednesday, December 8</div><div>Time: 11:00 AM Burgers Served</div><div>11:30 AM - 12:30 PM Bingo</div><div>Cost: \$4.00</div></div> <div><div><u>HOORAY FOR THE HOLIDAYS!</u></div><div>The holiday season is here & we can't think of any better way to enjoy the season, than to celebrate with our Senior Center friends & family! We will be cooking up holiday favorites & enjoying the sounds of Holiday music!</div><div>Date: Wednesday, December 15</div><div>Time: 11:30-11:45am Lunch Service</div><div>12pm Entertainment Begins</div><div>Cost: Free - Sign up is required by Fri, Dec 10</div></div> <div><div><u>A TUNA CHRISTMAS & DIANA'S</u></div><div>Join us for a night on the Alvin town starting with some hometown cooking at Diana's then a theatre production at the ACC Theatre featuring A Tuna Christmas. A laugh-filled, completely hilarious comedy set in the third-smallest town in Texas.</div><div>Average Meal \$12.00</div><div>Date: Thursday, December 9</div><div>Leaving the Center at 4:45PM</div><div>Cost: \$7.00 Ticket in Advance,</div><div>Dinner on Your Own</div><div>Location: Alvin</div></div>

The deadline to register for events where a meal is served is 2 days prior to event for proper headcount. No exceptions will be made. Thank you for your understanding.

STAFF

Marla Grigsby

Senior Center Manager

Rene Valdez

Senior Recreation Specialist

Ron Shepherd

Senior Center Attendant

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Hey there! Did you know you can sign up for all of the events and activities at the Alvin Senior Center online? That’s right! No waiting in line and all from the comfort of your home. It’s easy.

Type in www.booking.ca/bkalvinrecreationpub on your computer and there you are. Ready to register!

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